

Sign-up Sheet

Instructions: To register for programs please circle appropriate program and include check for appropriate amount. Please mail check to address listed below.

Online registration is also available at
www.lakeshoresportsclub.com

Make check payable to:

Lakeshore Sports Club

Attn: Stephen Scherlacher

34650 Melinz Parkway

Eastlake, OH 44095

All-Summer Camps

- ◇ USVBP (\$200)
- ◇ UDVL (Junior Division 7th-8th Graders) (\$150)
- ◇ UDVL (Youth Division 4th-6th Graders) (\$150)
- ◇ Rugrats (\$75)

Summer Camps

- ◇ Intro to Volleyball Camp (\$60)
- ◇ Elite Camp (7th-8th Grade) (\$100)
- ◇ Welcome to High School Camp (\$100)

Specialty Camps

- ◇ Setting Camp (\$100)
- ◇ Defense/Passing Camp (\$85)
- ◇ Middle Hitting Camp (\$85)
- ◇ Outside Hitter Camp (\$85)

Sand Volleyball

- ◇ Varsity 3's (\$120)
- ◇ Junior Varsity 3's (\$120)

Summer Volleybal Camps

June 22nd-June 25th Intro to Volleyball Camp (INTRO)

The Intro to Volleyball Camp will be an introduction to the game of volleyball at all levels. This camp is designed for the inexperienced player and is meant to teach them the basics of the game.

The times of the camps will be as follows:

K-3rd 9-11a; 4th-6th 12-2p

Cost: \$60

July 6th-July 9th Junior High Elite Camp (ELITE)

The Junior High Elite Camp is designed for the junior high player looking to play at a high level. The camp will include two sessions and teach all the skills of the game while teaching game play along with the 6-2 offense.

The camp will run from 9-11 and 12-2 Every-day, lunch will not be provided.

Cost:\$100

July 20th-July 23rd Welcome to High School Camp (WELCOME)

This Camp is designed for the ninth or tenth grader looking to make the team in High School. It will provide instruction of all the major skills, an introduction to a 6-2 and 5-1 offense along with an introduction to both Perimeter, Rotation and Rover defenses. There will also be "chalk-talk" sessions where experienced High School coaches discuss: what to expect at tryouts, dealing with your teammates and what coaches are looking for at tryouts. This camp will give a leg up to any player looking to make their high school team.

The camp will run from 9-11:30 and 12:30-3 Monday through Thursday, lunch will not be provided.

Cost: \$100

Lakeshore Sports Club Summer Volleyball Programs



440-942-2700 x08
volleyball@lakeshoresportsclub.com

Director

All camps and programs will be organized by Stephen Scherlacher. Coach Scherlacher has been coaching volleyball for 10 years and has coached at every level from 7th-12th grade include helping several senior secure college scholarships. He currently is the director of Kaepa Eastside Cleveland Juniors and the 18 Elite Coach. He has run camps at many High Schools including: Mayfield HS, Riverside HS, Mentor HS, Tuscarawas Central Catholic, Lutheran West HS and Chardon High School. His vast experience provides a wealth of knowledge to Lakeshore's volleyball program.

All questions regarding the programs should be forwarded to Stephen Scherlacher at volleyball@lakeshoresportsclub.com or 440-942-2700 x08

Sand Volleyball League

Lakeshore Sports Club will be hosting a summer High School Sand Volleyball League for all 10-18 year olds. This league runs from June 1st until the end of July. Girls form there own teams and experience a laid back mentality with no coaches, no referees and just sand friends and fun!

The League plays on Monday nights and match times are at: 5:00, 6:00, 7:00, 8:00 and 9:00

Divisions: Varsity 3's, Junior Varsity 3's and Junior 4's (10-14 year olds).

Cost \$120 for teams of 3, \$160 for teams of 4.

Summer-Long Programs

USVBP

The Ultimate Summer Volleyball Program is designed to offer an fun experience to all athletes while learning new skills and keeping previously learned skills sharp. The program will split the groups into an A group and a B group. Typically the A group consists of experienced High School and Junior Olympic players while the B group consists of younger less experienced players. In addition to volleyball training athletes will receive athletic training through Lakeshore Sports Club. The program will be administered by Stephen Scherlacher and his staff.

Program Scheduling:

Group A:

Tuesday 5-7 Volleyball Training 7-8 Workout Time

Thursday 6-7 Workout Time 7-9 Volleyball Training

Group B:

Tuesday 6-7 Workout Time 7-9 Volleyball Training

Thursday 5-7 Volleyball Training 7-8 Workout Time

The USVBP will begin June 22nd and run every Tuesday Thursday until July 30th

Cost: \$200

UDVL Summer Session

The Ultimate Developmental Volleyball League is designed to provide 4th-8th graders an opportunity to receive instruction during the summer months. The athletes will be divided into two groups with the 7th and 8th graders in the Junior Division and the 4th 5th and 6th graders in the Youth Division. The program will include both instruction and game play. The program will be administered by Stephen Scherlacher and his staff.

Program Scheduling:

Junior Division (7th and 8th Graders)

Wednesday 7-9p

Sunday 12-2p

Youth Division (4th-6th Graders)

Wednesday 5-7p

Sunday 2-4

The UDVL will begin June 20th and run every Sunday/Wednesday until July 29th.

Cost: \$150

Specialty Clinics

Lakeshore Sports Club Setting Clinic "Featuring Carey

Cavanaugh" (Setting)

Come Join Oberlin College coach and former elite college setter for a 5 hour camp designed to teach all players the necessary fundamentals and advanced techniques necessary to set at an elite level.

Date June 19th 9a-3p..

Cost: \$100 No lunch provided but food services available.

Open to all 9th-12th graders

Lakeshore Sports Club Defense/Passing Clinic "Featuring

Jessica Sabath" (Defense)

Come join former Eastern Kentucky player , Lake Catholic Graduate and one of the the top defensive players ever to come out of Northeast Ohio for a 5 hour camp dedicated to passing and defense. This camp will discuss all aspects of defense including ball control, reading of the hitter, floor skills and serve receive.

Date June 26th 9a-3p

Cost \$85 No lunch provided but food services available.

Open to all 9th-12th graders

Lakeshore Sports Club Middle Hitting Clinic (Middle)

Date: July 10th 9a-3p

Cost \$85 No lunch provided but food services available.

Open to all 9th-12th Graders

Lakeshore Sports Club Outside Hitting Clinic (Outside)

Date: July 24th 9a-3p

Cost \$85 No lunch provided but food services available.

Open to all 9th-12th Graders